

# September 2010

S	M	T	W	TH	F	S
			1 Muffin  Hamburgers Cole Slow Brownies	2  French toast sticks  Pig in a Blanket Potato salad Green bens Jell-o square	3  Biscuit and gravy  Trout Melt/bun Scallop Potatoes Peace &Carrots Peaches	4
5	6 No school  Labor day	7  Granola bar  Breaded Chicken Patty/Bun Calico in Sliced Pears ½ Apple Birthday Cake	8  Breakfast Casserole  Toasted Ham &Cheese Sandwich Tri Tators Peaches Butterfinger Dessert	9  Peanut Butter&Jelly Sandwich  Goulash Green Beans Jell-o &Fruit Cheese Breadstick	10  Biscuit and gravy  Fish Sticks Corn Pineapple Cottage cheese Whole white bun	11
12	13 Egg Patty &Sausage on a Biscuit  Crispito /Toppings Green Beans Mexican Rice Beans Pears	14  Pop Tart  Turkey Gravy on Mashed Potatoes Mixed Vegetables Pumpkin Dessert Bun	15  Bagel & Cream Cheese  Corn Dog Peas &Carrot Macaroni &Cheese Grapes	16  Yogurt &Fruit  Chili & Crackers Veggies &Dip Applesauce Cinnamon Roll	17  Biscuit &Gravy  Grilled Chicken Patty/Bun Broccoli &Cheese ½ Orange Dirt Cake &Worm	18
19	20  Cereal Bar  Ham &Cheese/Bun Macaroni Salad Baked Chips Applesauce	21  Omelet &Toast  Hot Dog Bar Corn Casserole Tropical Fruit ½ Apple	22  French Toast Sticks  Breaded Pork Patty Mashed Potatoes & Gravy Mandarin Oranges Bun	23  Breakfast Wrap  Spaghetti Bar Green Beans Pears Garlic Bread	24  Biscuit &Gravy  Panther Sub Tator Tots Blue Jell-o Berry Cookie	25
26	27  Cocoa Bar  BBQ Ribs/Bun Corn Hot Cinnamon Apple	28  Pancakes & Sausage  Taco Mixed Vegetables Peaches Muffin	29  Coffee Cake  Hamburger /Bun Pickles ,Onions, Tomato French Fries Fresh Fruit Cup	30  Donut  Pepperoni Pizza Veggies &Dip Lettuce Salad Pears	1  Biscuit & Gravy  Grilled Cheese Sandwich Beans & Ham Applesauce Cookie	